



East London Restaurant & Pub Guide -



Abbotsford



Abbotsford Arms

13 Main Road

Abbotsford

043 7210363

info@thymefusion.co.za

Hours Open

Mon - Thu 12:00 to 02:00

Fri - Sun 10:30 - 02:00

Social Media

<https://www.facebook.com/abbotsfordarmsel/>



Thyme Fusion Gin Bar and Eatery

13 Main Road

Abbotsford

043 7211789

info@thymefusion.co.za

Hours Open

Mon to Sat 11:00 to 21:00

Sunday - Closed

Social Media

<https://www.facebook.com/thymefusionel/>





Below Deck

117 Main Road Abbotsford

0735487927

belowdeckel@gmail.com

Hours Open

According to Facebook always open

Social Media

<https://www.facebook.com/BelowDeckEL/>



Old Transkei Road



Jacks Bagels

96a Old Transkei Road Nahoon East London

043 023 0239

Hours Open

Monday - Friday: 7 AM to 4 PM

Saturday: 7 AM to 2 PM

Sundays: 7 AM to 2 PM

What to expect

Great coffee including iced coffee. A selection of bagels with interesting fillings. Great for coffee, a quick bite and a chat.

Ciao Bella

85 Old Transkei Road, East London, South Africa

Tel 043 735 1542

Shaun@ciaobellacafe.co.za

Hours Open

Mon 07:00 to 17:00

Tue - Sat: 07:00 to 20:00

What to expect

Authentic Italian Fair





Beach Road



Sunsets on Beach Restaurant | Bar

48 Beach Road East London

043 7351310

sunsetsbeach@webmail.co.za

Hours Open

Mon - Sun: 11:00 to 22:00

What to expect

Sunsets on Beach brings a relaxed atmosphere for everyone to enjoy! With wholesome food and an atmosphere that is unlike no other, you are sure to feel like you never want to leave.

Urban Junction

46 Beach Road East London

043 735 1176 , 0723423989

urbanjunctionel@gmail.com

Hours Open

Mon - Fri 07:00-15:00

Saturday - 07:30 - 14:00

Sunday - Closed

What to expect

Fuel for the Grind! Welcoming staff and delicious sandwiches, wraps, burgers and more..



The Cow Shed - Restaurant

54 Beach Road East London

043 7351513

thecowandmilkshed@gmail.com

Hours Open

Mon - Sat 12:00 to 21:30

What to expect

Steaks



Curry on Beach

Shop 8, 46 Beach Road East London

081 544 4804 / 061 141 3607

curryonbeach@gmail.com

Hours Open

Not stated

What to expect

Spicy and hot



The Beach Break Cafe

Opposite Nahoon Caravan Park

078 171 2579

beachbreak@mweb.co.za

Hours Open

Not stated but weather dependant

What to expect

Tranquil setting under the trees, great coffee, breakfasts, light lunches. Selection of cake.





Epson Road



Tappas on Epsom

5 Epsom Road Stirling East London

Tel 067 701 6992

bookings@tappasonepsom.co.za

Hours Open

Mon to Wed: 08:00 - 17:00

Thu to Sat: 08:00 - 21:30

Sunday Closed

What to expect

Not only will you find an excellent tappas menu but you can expect to find traditional breakfasts and toasties for light lunches. East London'd favourite chef, Siya, brings a quality yet affordable experience to diners. As always expect great quality but with a different spin.



simple.

10 Epson Road Stirling East London

082 592 3961

geraldine@simplysimple.co.za

Hours Open

Monday - Friday: 07:00 to 16:00

Saturday: 08:00 to 14:00

Sundays: 09:00 to 14:00

What to expect

Simple tasty food



Reef Café

Nahoon Nature Reserve at Nahoon Reef

0834193056

hughnique182182@gmail.com

Hours Open

Mon - Sat: 08:30 to 16:00

Sun: 09:00 to 14:00

What to expect

Delicious food



Pearce Street



The Kitchen Table

42 Pearce Street Berea

Tel: 064 313 7441

thekitchentableel@gmail.com

Hours Open

Mon: 08:00 - 13:00

Tue: 08:00 - 16:00

Wed: 08:00 - 16:00 & 17:00 to 21:00

Thu: : 08:00 - 16:00

Fri: 08:00 - 16:00 & 17:00 to 21:00

What to expect

Delicious tasty food, made with care and expertise. Explore a host of exciting flavours. A Cosy spot with great service. They cater for vegetarians as well.





Brazas Portuguese Fusion

57 Pearce Street Berea East London

073 853 9115 info@brazas,[co.za](mailto:info@brazas.co.za)

Hours Open

Tue: - 16:00 to 21:00

Wed: - 12:00 to 21:00

Thu: - 12:00 to 21:00

Fri: - 12:00 to 21:00

Sat: - 12:00 to 21:00

Sun: - 12:00 to 16:00

What to expect

Brazas is a celebration of quintessential Mediterranean hospitality and mouthwatering honest food!



Berea



Sanook Café

11 Chamberlain Road East London

043 721 3215

eat@sanook.co.za

Hours Open

Mon - Sat 08:30 - 22:00

What to expect

Drool worthy Gourmet Burgers with fancy names and even fancier ingredients - Ice cold draft beer on tap.

Irana Indian Restaurant

2 Glaston Street Berea

043 721 2231

Hours Open

Mon - Sat: 12:00 to 20:00

What to expect

Authentic Indian Cuisine





Salt.eatery

9 Chamberlain Square Berea East london

067 308 5764

geraldine@saltel.co.za

Hours Open

Mon - Fri: 07:00 to 22:00

Sat: 08:00 to 22:00

Sun 09:00 to 14:00

What to expect

Where food is prepared with love and meals are shared with passion.



Berea / Selborne



Jules on Jarvis

34 Jarvis Road East London

073 528 4033

juesonjarvis@gmail.com

Hours Open

Mon - Sat 08:00 to 22:00

What to expect

Fine Food





The BackYard

34 Jarvis Road East London

073 528 4033

julesonjarvis@gmail.com

Hours Open

Wed - Sat 12:00 - 20:30

What to expect

Relaxed outdoor indoor pub vibes with pizza and burger type food



Ginger and Co

3 Frere Road East London (Cnr Jarvis and Frere)

082 870 0144

eat@gingerfood.co.za

Hours Open

Mon - Fri 07:00 to 16:00

Sat 08:00 to 12:00

What to expect

For the love of great food! & Coffee



Vincent Park Centre

Silver Eagle Spur

Shop UG90 Vincent Park Shopping Centre

043 721 0995

silvereagle@spursteakranch.co.za

Hours Open

Mon - Thu: 08:00 to 21:00

Fri - Sat: 08:00 to 22:00

Sun 08:00 to 21:00

What to expect

A Taste for Life



Ocean Basket

U10B Vincent Park Shopping Centre

043 726 8809

oceanbasketeastlondon@telkomsa.net

Hours Open

Mon - Thu: 11:30 to 21:00

Fri - Sat: 11:30 to 22:30

Sun 11:00 to 21:00

What to expect

Seafood





Steers

Shop UG47 Vincent Park Shopping Centre

Hours Open

Unknown

What to expect

Seafood



Mugg & Bean

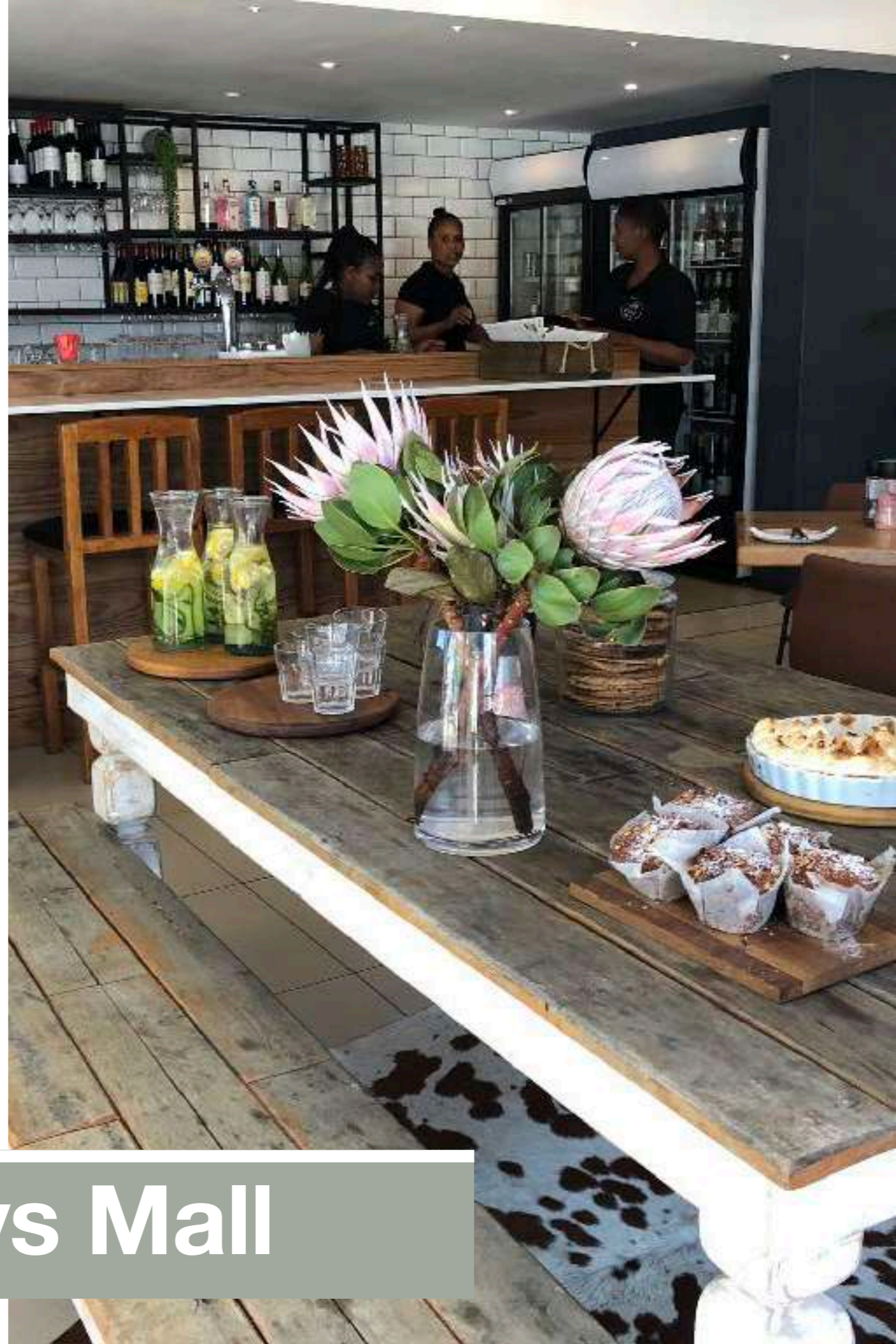
Shop UG47 Vincent Park Shopping Centre

Hours Open

Unknown

What to expect

Good food and coffee



Hemingways Mall



Las Vegas Spur

Shop 43 Hemingways Mall

Cnr Western Avenue and Two Rivers Drive

043 726 1133

lasvegas@spursteakranch.co.za

Hours Open

Mon - Thu: 08:00 to 21:00

Fri - Sat: 08:00 to 22:00

Sun :08:00 to 21:00

What to expect

A taste for life

Panarottis

Shop G45 Hemingways Mall

Cnr Western Ave and Two Rivers Drive East London

043 726 2014

hemingways@panarottis.co.za

Hours Open

Mon - Thu: 10:00 to 21:00

Fri - Sat: 10:00 to 22:00

Sun: 10:00 to 21:00

What to expect

Pizza





OHmi GIN BAR

Shop UG1 Hemingways Mall

078 977 5193

admin@ohconcepts.co.za

Hours Open

Mon - Wed: 10:00 to 22:00

Thu - Sun: 10:00 to 23:00

What to expect

We are an Afrotalian restaurant serving top African cuisine alongside pizza & afantas. East Londons coolest hippest lounge bar.

John Dory's

Shop UG1 Hemingways Mall

043 753 0073

hemingways@johndorys.com

Hours Open

Mon - Fri: 11:00 to 21:00

Sat - Sun: 10:00 to 21:00

What to expect

Fish Grill - Sushi



café bella

Food Court - Hemingways Mall

043 721 3117

cafebella.julie@gmail.com

Hours Open

Mon - Sun 08:30 to 22:00

What to expect

Fresh food, home roasted coffee & authentic Italian desserts!





Beacon Bay Crossing



Sanook Eatery

13a Beacon Bay Crossing

Bonza bay Road Beacon Bay East London

043 748 2494

eatery@sanook.co.za

Hours Open

Mon - Sat: 08:30 to 22:00

What to expect

Our Pizzas & Pastas are quality! Don't forget our gourmet burgers.

Ocean Basket

The Showroom Beacon Bay Crossing

Bonza Bay Road, Beacon Bay

043 7483480

beaconbay@oceanbasket.com

Hours Open

Mon - Sat: 12:00 to 21:00

What to expect

Seafood chain





Sanook Cantina

Shop I&J Beacon bay Crossing

043 748 2636

cantina@sanook.co.za

Hours Open

Mon - Sat: 11:00 to 22:00

What to expect

We speak Mexican...Taco, Nacho, Burrito, Jalapeño, TEQUILA!



Ignite Social Cafe

Beacon Bay Crossing

081 710 1304

Hours Open

Mon - Fri: 07:00 to 16:00

Sat: 08:00 to 16:00

What to expect

Home roasted coffee, breakfasts, lunch wraps and croissants. We open early.



La Grato Café

Shop 14 Beacon Bay Crossing

076 129 7681

info@lagrato.co.za

Hours Open

Mon - Wed: 12:00 to 23:00

Thu & Sun: 12:00 to 24:00

Fri & Sat: 12:00 to 02:00

What to expect

Italian Restaurant and Cigar lounge